

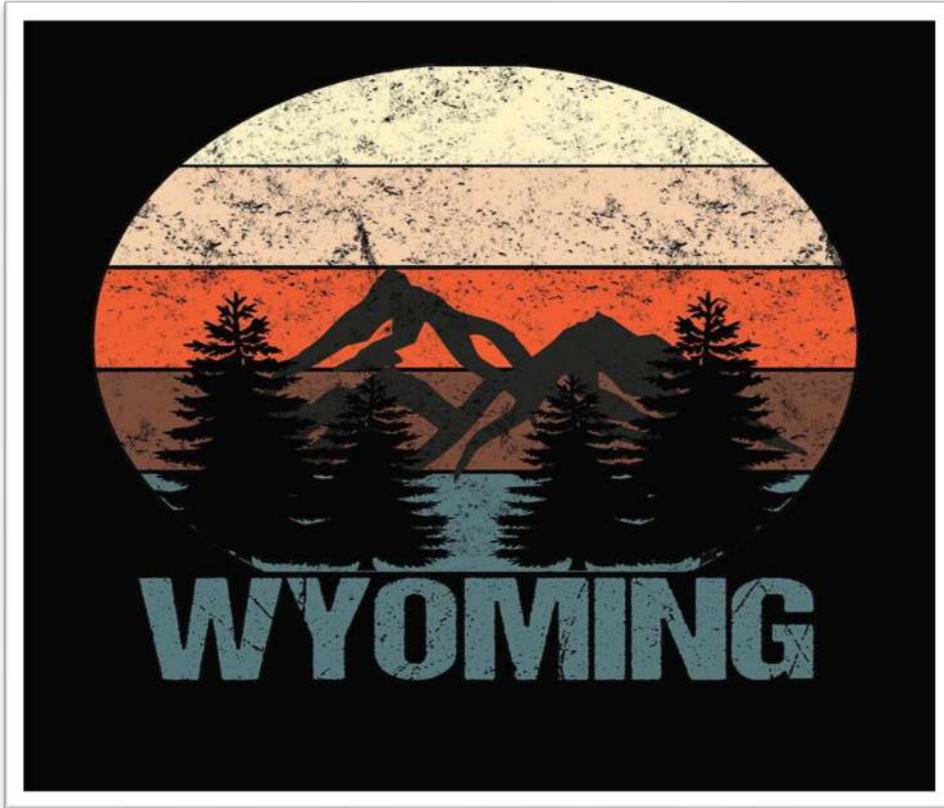
WYOMING PROUD



Able Hands

A Community Partner

ISSUE NO 1 | JANUARY – JUNE 2019 | VOLUME 1



IN THIS ISSUE

Topic 01

Building Remodel:

Finishing Touches

Topic 02

Summer, where
are you?

Topic 03

ABLE HANDS - YOUR COMMUNITY PARTNER

- We are a dedicated team of professionals who understand having a disability does not define who you are as a person.
- We work with you to establish your goals and desires for personal development.
- Our services are individually tailored to produce the best results.
- We are committed to providing the highest quality of services to you, whether through our program or by identifying the best possible placement for you.
- Our company's primary objective is facilitating individual growth as identified by you.
- Our staff are trained to aid you in identifying areas of interest or those areas you wish to improve.
- We recognize our sole purpose as an organization is in meeting your needs while providing education for the larger community to promote the eradication of barriers for all people.
- We believe "We the People" means every human being.

TOPIC 1 Building Remodel: Finishing Touches

In the summer of 2018, we decided our building was in desperate need of a visual update. After extensive review of our building and touring of several buildings around the state we settled on a design that had the flexibility and user friendliness that our people wanted; including adding washer and dryer, shower, a true quiet room, entertainment and game room, and our large open concept main room. We were so pleased with how everything turned out. As time went by we realized that the space was lacking something. That is when we came up with the idea to hire a local artist, Rose Klein, to do a mural of two things that are synonymous with our area. The end result was even greater than what we had hoped for. Because we were so happy with the end result, Josh and Max decided to have the artist do a smaller mural in their office.



Artist Rose Klein featured mural at our community center

TOPIC 2

2019: Summer, will you ever arrive? That was the question on everyone's mind when we entered into the month of June. Fortunately for all, it did indeed arrive and allowed us to enjoy all sorts of activities.

In June, a crew and myself (Josh) attended the Wyoming Governors Council yearly statewide conference recently renamed from MEGA to WDDC. This was a special conference as they were celebrating their 30 year anniversary. I had the fortune or mis-fortune depending on your perspective of speaking in front of the 350+ people in attendance. The real treat at the conference were the 5 guest speakers from all over the country, 30 break-out sessions, therapy dogs, and massage therapist that was on hand. I have been to several conferences and I must say that this was by far the most engaging and successful one I have been to. I highly recommend if you have never been to try to work it into your schedule if even for a day next year.



This summer we decided to broaden our activities and seek out some new adventures. We finally made it over to Bear Lake in Utah, to visit the Pickleville playhouse to see the Little Mermaid live. It is a great family friendly venue, with amazing actors, that really get the audience involved.



Sometimes it is easy to forget all the amazing opportunities that are right out our back door. Take Pinedale for instance, we were able to get up in the mountains and do some hiking and fishing, albeit not very successful tho fun never the less. Or the Flaming Gorge around sunset, sometimes it is nice to just go and watch the sun go down behind the red rocks with friends. If you are in the mood for something a bit sweet, a short trip over to the mercantile in Farson for a larger than life ice-cream cone. Every Wednesday Rock Springs hosts concerts in the park, showcasing local artist and their talents. These are just a few of the local things we were able to get out and do while the weather was good.

TOPIC 3

It is hard to believe that December 2019 marks our 13th Anniversary serving the community of Sweetwater County. While the first half a decade certainly had its fair share of ups and downs and learning experiences, Max and Josh finally feel like they have a system in place that works for their unique delivery of services. Over the course of that time we have seen a steady growth in both people served and staff providing the services. We currently serve 31 people with 25 staff members.

This past week we had a party to celebrate several major milestones for our people. It is hard to believe but we had several people celebrating 12 years with Able Hands, some with 10 years, 8 years, etc. We constantly feel



Second Mural done by Rose Klien

blessed that people have put there faith in us and our organization to allow us to be a partner in their lives.

On the other side of the coin, coming in February of 2020 we will be celebrating 10 year anniversaries for the core base of our staffing. It is these people who have made us what we are. Without them, Able Hands would not be the organization that it is today.